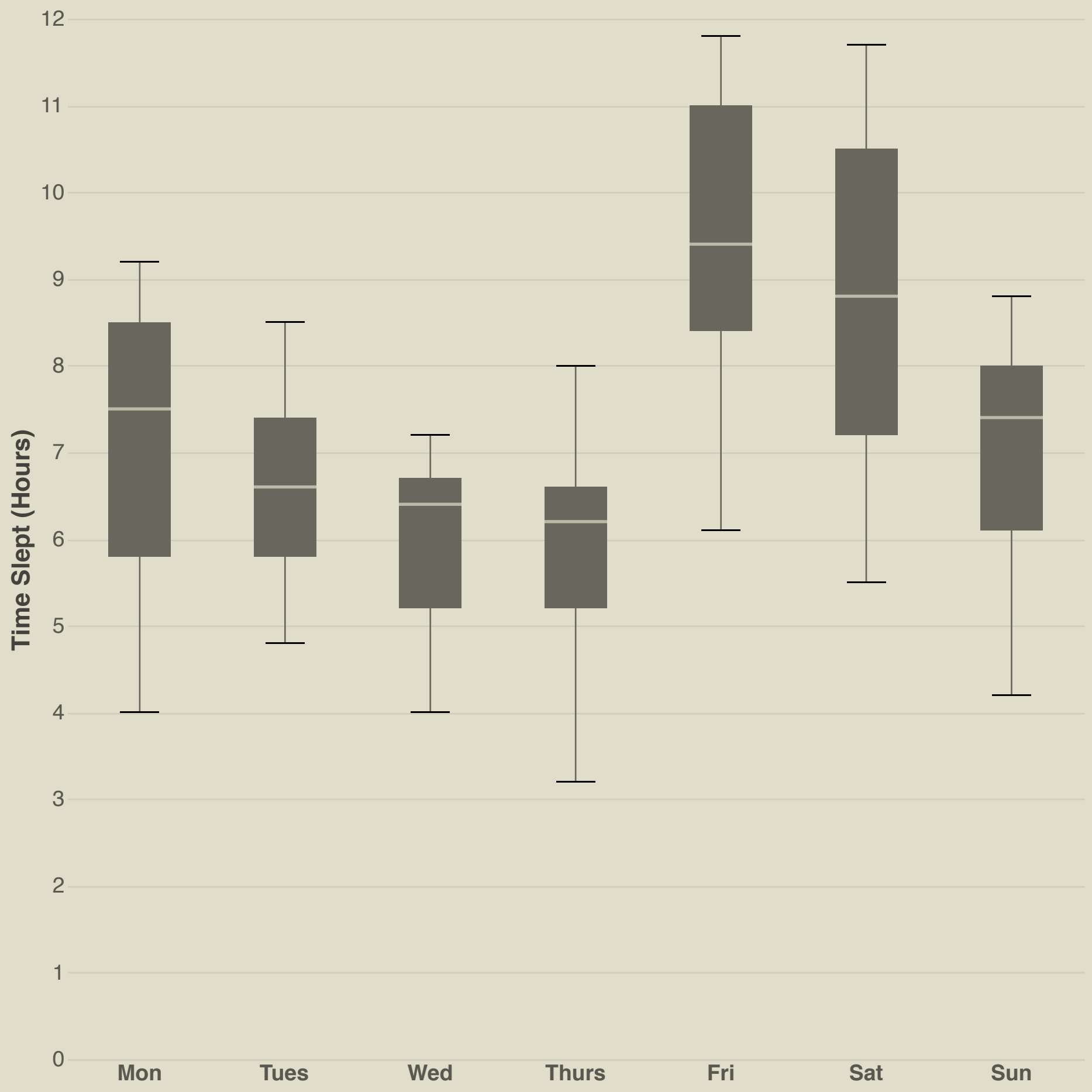
Time Slept (Hours)
12
11
10
9
8
7
6
5
4
3
2
1
0
Mon
Tues
Wed
Thurs
Fri
Sat
Sun